PURPOSE

To assure consistency regarding the use and possession of tobacco products, including electronic nicotine delivery systems, as well as provision of nicotine replacement therapy, in hospitals.

DEFINITIONS

Campus

A hospital's physical plant and the areas that include, but may not be limited to, the facility's parking lots, non-contiguous hospital-affiliated structures, and property owned, operated, and maintained by the State of Michigan.

Electronic Nicotine Delivery Systems

Also referred to as e-cigarettes, these are products that allow a user to inhale aerosol containing nicotine and other substances. Unlike conventional cigarettes these devices are typically composed of a rechargeable, battery-operated heating element, a cartridge, or pod, that may contain nicotine or other chemicals, and an atomizer that, when heated, converts the contents of the cartridge, or pod, into an aerosol. This definition includes e-cigarettes, vapor products, alternative nicotine products, and components such as e-cigarette pods, e-cigarette juice and liquid.

Hospital

An inpatient program operated by the Michigan Department of Health and Human Services (MDHHS) for the treatment of individuals with serious mental or serious emotional disturbance.

Nicotine Replacement Therapy (NRT)

Pharmacological treatments that have been approved by the U.S. Food and Drug Administration (FDA) for use in smoking cessation therapy. Examples include, but may not be limited to, nicotine chewing gum, nicotine transdermal patch, nasal sprays, inhalers, and lozenges. These treatments deliver a controlled dose of nicotine to relieve withdrawal symptoms during the cessation process and are most successful when used in combination with education and behavioral treatments.

Paraphernalia

Any equipment, apparatus or furnishing that is used in or necessary for the activity of tobacco use.

POLICY

The use of tobacco products including, electronic nicotine delivery systems, in hospitals and their affiliated campuses is prohibited. Hospitals must offer nicotine replacement therapy (NRT) to patients when clinically appropriate.

STANDARDS

Staff and Visitor Possession

The use of tobacco products and electronic nicotine delivery systems on a hospital campus is prohibited. Tobacco products and electronic nicotine delivery systems possessed by hospital staff or visitors must remain secured in their vehicle. Hospitals must post signage on the hospital campus affirming their commitment to a tobacco-free environment.

Patient Applicability

Upon admission, a patient must be:

- Notified of the hospital's tobacco-free status and a statement of this policy must be included within the hospital's admission packet.
- Assessed for nicotine use by a physician and entered in the History and Physical and Assist Admission Form.

Patients who meet clinical criteria for NRT may request the treatment throughout their inpatient course of treatment. Nicotine replacement therapy must be ordered by a physician and be consistent with established clinical and FDA guidelines. The use of NRT treatment must be documented in the patient's individualized plan of service.

REFERENCES

Tobacco Products Tax Act, 1993 PA 327, MCL 205.422

Michigan Public Act 246 of 2008, Section 609

Michigan Department of Health and Human Services Work Rules

MDHHS/Keeping Michigan Healthy/Chronic Diseases/Tobacco

Keeping Your Hospital Smoke-Free, Joint Commission for Accreditation

Public Act 188 of 2009, Michigan's Smoke-Free Air Law

CONTACT

For more information concerning this policy, contact the State Hospital Administration.