
**PROGRAM
DESCRIPTION**

Home Help services offer a range of payment and nonpayment related services to individuals who require advice or assistance to support effective functioning within their home or the household of another.

**Nonpayment
Services**

Nonpayment Home Help services are available upon request, without regard to income or assets, to any person who needs some form of in-home service (except personal care services). Nonpayment services include all services listed below:

- Information and referral.
- Protection (for adults in need of a conservator or a guardian, but who are not in any immediate need of protective intervention).
- Money management (Referrals to Social Security Administration).
- Housing (Referrals for Section 8 Housing).

**Payment
Services Home
Help**

Home Help services are non-specialized personal care service activities provided to a person who meets eligibility requirements.

Home Help services are provided to enable individuals with functional limitation(s), resulting from a medical or physical disability or cognitive impairment to live independently and receive care in the least restrictive, preferred settings.

Home Help services are defined as those tasks which the department is paying for through Title XIX (Medicaid) funds. These services are furnished to individuals who are **not** currently residing in a hospital, nursing facility, licensed foster care home/home for the aged, intermediate care facility (ICF) for persons with developmental disabilities or institution for mental illness.

These activities **must** be certified by a Medicaid enrolled medical professional and may be provided by individuals or by private or public agencies. **The medical professional does not prescribe or authorize personal care services.** Needed services are determined by the comprehensive assessment conducted by the adult services worker.

Home Help services which are eligible for Title XIX funding are limited to:

Activities of Daily Living (ADL)

- Bathing.
- Dressing.
- Eating.
- Grooming.
- Mobility.
- Toileting.
- Transferring.

Instrumental Activities of Daily Living (IADL)

- Housework.
- Laundry.
- Taking Medication.
- Meal Preparation and Clean Up.
- Shopping for Food and Medication.

An individual must be assessed to need at least one activity of daily living (ADL) ranked 3 or higher in order to be eligible for Home Help services.

Note: If the assessment determines the need for an ADL at a level 3 or greater but these services are not paid for by the department, the individual would be eligible to receive IADL services if assessed at a level 3 or greater.

Example: Ms. Smith is assessed at a level 4 for bathing. However, she refuses to receive assistance, or her daughter agrees to assist her at no charge. Ms. Smith would be eligible to receive assistance with IADL's if the assessment determines a need at a level 3 or greater.

Note: If an individual uses adaptive equipment to assist with an ADL, and without the use of this equipment the person would require hands-on care, the individual must be ranked a level 3 or

greater on the functional assessment. This individual would be eligible to receive Home Help services.

Example: Mr. Jones utilizes a transfer bench to get in and out of the bathtub, which allows him to bathe himself without the hands-on assistance of another. The adult services worker must rank Mr. Jones a 3 or greater under the functional assessment. Mr. Jones would be eligible to receive Home Help services.

Assistive technology would include such items as walkers, wheelchairs, canes, reachers, lift chairs, bath benches, grab bars and handheld showers. This list is not all inclusive.

Expanded Home Help Services (EHHS)

Expanded Home Help services can be authorized for individuals who have severe functional limitations which require such extensive care that the service cost must be approved by the adult services supervisor/local office designee and/or the MDHHS Home Help Policy Section. See ASM 120, [Home Help Comprehensive Assessment](#).

Complex Care

Complex care refers to conditions requiring intervention with special techniques and/or knowledge. These complex care tasks are performed on clients whose diagnoses or conditions require more management. The conditions may also require special treatment and equipment for which specific instructions by a health professional, or client may be required in order to perform.

- Eating or feeding assistance.
- Catheters or leg bags.
- Colostomy care.
- Bowel program.
- Suctioning.
- Specialized skin care.
- Range of motion exercises.
- Dialysis (In-home).
- Wound care.
- Respiratory treatment.
- Ventilators.
- Injections.

When assessing a client with complex care needs refer to the Complex Care Assessment MDHHS-5535 from MiAIMS.

Home Help Services for Minor Children

When providing for minor children, personal care services must be shown to be a necessary supplement to usual parental care, justified by the high service needs of the family. High service needs are those which arise from a physical, medical, emotional, or mental impairment of the minor child and which require significantly higher levels of intervention than those required by a child of the same age without similar impairments.

Example: It is expected that a one-year-old child would be incontinent due to age, however a 16-year-old minor would likely have a medical or cognitive condition causing incontinence.

Children typically have responsible relatives (parents/adoptive parents) who are able and available to provide for their care needs. When responsible relatives are **unable** due to a medical condition, or **unavailable** due to employment or school, they can hire a caregiver to perform the activities of daily living, medication administration and meal preparation required during the parent's absence. Parents **cannot** be paid caregivers for their minor children.

Note: A medical needs form must provide verification the responsible relative is unable to provide care due to a medical condition. If the responsible relative is unavailable due to employment or school, they must provide a work or school schedule to verify they are unavailable to provide care.

The adult services worker **must not** authorize approval for tasks that can be completed by the responsible relative during the time they are available. See [ASM 120, Home Help Comprehensive Assessment](#).

Payments are **only** for the amount of time related to the approved tasks and cannot include time for childcare, supervision and monitoring. The ASW must ensure there is no duplication of services.

The adult services worker must evaluate whether day-care services are appropriate rather than Home Help services.

Services not Covered by Home Help

Home Help services must **not** be approved for the following:

- Supervising, monitoring, reminding, guiding, teaching or encouraging (functional assessment rank 2).
- Services provided for the benefit of others.
- Services for which a responsible relative is **able** and **available** to provide (such as house cleaning, laundry or shopping). A responsible relative is defined as an individual's spouse or a parent of an unmarried child under age 18.
- Services provided by another resource at the same time (for example, hospitalization, MI-Choice Waiver).
- Transportation - See [Michigan Department of Health and Human Services \(MDHHS\) Medicaid Provider Manual](#).
- Money management such as power of attorney or representative payee.
- Home delivered meals.
- Adult or child day care.
- Recreational activities. (For example, accompanying and/or transporting to the movies, sporting events etc.)

Note: The above list is not all inclusive.

LEGAL AUTHORITY

Title XIX of the Social Security Act, 42 USC 1346 et seq.

42 CFR 440.167.

Social Welfare Act, 1939 PA 280, as amended, MCL 400.14(1)(p)

Michigan Department of Health and Human Services (MDHHS) is the single state agency for Medicaid. The Medicaid State Plan is the state's contract with the federal government to provide Medicaid services. Home Help services is the Medicaid State Plan for personal care services in the home.

REFERENCES

See [ASM 120, Home Help Comprehensive Assessment](#).

See [Michigan Department of Health and Human Services \(MDHHS\) Medicaid Provider Manual](#).

CONTACT

For questions contact MDHHS-Home-Help-Policy@michigan.gov.